As Arizona’s only teen-to-teen crisis hotline, Teen Lifeline is a crucial connection to hope for struggling teens. Paired with youth development, prevention education, and School ID Initiative programs, we’re making a world where all youth possess hope and connectedness.

Thanks to support like yours, that world gets closer to reality as more and more teens reach out for help every year.

1 in 5 teens report thoughts of suicide.

<table>
<thead>
<tr>
<th>YEAR-OVER-YEAR</th>
<th>HOTLINE CALLS &amp; TEXTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>2016</td>
<td>28,042</td>
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<tr>
<td>2019</td>
<td>34,838</td>
</tr>
<tr>
<td>2020</td>
<td>42,014</td>
</tr>
</tbody>
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Teen Lifeline prevents teen suicide in Arizona through enhancing resiliency in youth and fostering supportive communities.
WHY TEENS SEEK HELP

- 1 in 3 call/texters have thoughts of suicide.
- 1 in 5 call/texters discuss family problems.
- 1 in 6 texters reach out during extended texting hours.
- 94% of teens feel better immediately after talking with a peer counselor.

Our 24-hour free and confidential peer counseling crisis hotline/textline is answered by trained teen volunteers 3 - 9 p.m. daily and is supervised by master’s level clinicians. We partner with Solari for after-hours support.

While we first added 15 hours per week to our texting hours starting in March 2020 to support teens through the pandemic, texting now makes up nearly half of all hotline contacts.

Teen volunteers and callers face similar struggles. The difference: volunteers undergo 72+ hours of training to prepare them for the hotline, receiving support from Teen Lifeline staff and peers, life skills education, and enhanced self-esteem. For many peer counselors, Teen Lifeline becomes their second home.

On average, a peer counselor volunteers for three years, helping 1,200+ teen callers/texters on the hotline.

Learn more at teenlifeline.org/hotline

2021

42,014 calls/texts answered on the hotline

713% increase in hotline texts since 2019

20,000+ hrs volunteered by teens

$538,800 value of peer services

2021

HOTLINE

“I was scared I was going to hurt myself but I’m glad I reached out to Teen Lifeline instead.”
— Hotline Texter

LIFE SKILLS

“I’ve stayed at Teen Lifeline for over two years because I found a community that allows me to share my innermost thoughts and feelings.”
— Ria, Peer Counselor

LEARN MORE AT

teenlifeline.org/hotline

Learn more at teenlifeline.org/lifeskills

TEEN VOLUNTEERS LEARN:

- communication & listening
- identifying feelings
- problem-solving & decision-making
- mobilizing resources
- teen protective & risk factors
- common youth issues & how to support
- identify, assess, & intervention of suicide
- how to be an effective helper

713% increase in hotline texts since 2019

42,014 calls/texts answered on the hotline

20,000+ hrs volunteered by teens

$538,800 value of peer services

“i was scared i was going to hurt myself but i’m glad i reached out to teen lifeline instead.”
— hotliner texter

“I’ve stayed at Teen Lifeline for over two years because I found a community that allows me to share my innermost thoughts and feelings.”
— Ria, Peer Counselor

LEARN MORE AT

teenlifeline.org/hotline

Learn more at teenlifeline.org/lifeskills
Our master’s level clinicians provide free, best practices suicide prevention, intervention, and postvention education that decreases risk, increases protective factors, and creates resiliency in schools and communities across Arizona.

In 2021, we were happy to continue our partnership with Grand Canyon State Gridiron Club and National Quarterback Club Charities for Teen Suicide Prevention Awareness Month. Together, we reached 678,500 people and posted 88 peer-to-peer videos.

After attending our prevention training

- 97% of students would tell someone if worried about a friend’s wellbeing.
- 94% of adults feel more prepared to assist a youth at risk.
- 91% of teens show willingness to tell an adult or call Teen Lifeline if they need help.

Learn more at teenlifeline.org/prevention

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**FINANCES**

“"These are very special, loving and caring kids. Their devotion deserves to be recognized.”"  
— Teen Lifeline Donor

**WE INVESTED**

- $371,596 in the hotline to help teens in crisis
- $173,987 in life skills training to create peer support & resilient teens
- $1,015,580 in community education to train schools & families in suicide awareness
- $192,624 in support services for effective, growing operations

**WE RAISED**

- $759,230 through in-kind contributions
- $586,757 through special events
- $663,371 through government grants*
- $661,124 through contributions**

* Government grants include $300,000 designated for the funding of the 2022 Caring Contacts Pilot Program.
** Contributions include employee giving, foundation & corporate grants, service clubs, individuals, and other income.

**FINANCES**

$916,695 Net Income*

$2,510,968 Net Assets

* $300,000 designated for the funding of the 2022 Caring Contacts Pilot Program.

Learn more at teenlifeline.org/finances
Arizona’s healthcare community came together to raise half a million dollars for teen suicide prevention at Connections of Hope.

As our largest fundraiser of the year, the Connections of Hope Gala helps us address the ever-growing needs of teen mental health and suicide prevention by raising funds and awareness for our life-saving work. Friday, October 1, 2021 marked the return of this event for the first time in two years, after we canceled it in 2020 to protect the health of our community during the pandemic.

The pandemic placed a spotlight on our healthcare community. Because of this, the 2021 Gala, led by Chairs Barbara & Hugh Lytle and honoring Lorry Bottrill from Mercy Care, brought together Arizona’s healthcare groups to celebrate the community’s connections of hope. Everyone who attended truly exemplified the “care” in healthcare, making this our highest grossing fundraiser gala ever.

Learn more at teenlifeline.org/events
In 2021, the Teen Lifeline community raised over $1 million for the programs and operations behind our suicide prevention work (with $300,000 designated for the funding of the 2022 Caring Contacts Pilot Program). From healthcare groups who sponsored entire suicide prevention projects to one-time donors who gave a special gift during the holiday season, every single supporter had a role in saving thousands of teen lives this year.

In recognition of their contributions, all donors who gave $500 or more to Teen Lifeline in 2021 are named on the following pages. In addition, we would like to recognize all of the businesses and community members who donated in kind services and items to support our mission.

Teen Lifeline is a Qualifying Charitable Organization (QCO code 20695)! Donations to us qualify you for a dollar-for-dollar tax credit up to $800 ($400 if single).

You can also donate through your workplace using our code: United Way Charity of Choice Agency #707273.

Get involved at teenlifeline.org/give

In Honor Of Donations
Adison Thompson
Ben Runkle
Jacqueline Phillips
James Maguire
Jeff Fields
John New
Larry Haddy
Lorry Bottrill
Luis Barcelo

In Memorium Donations
Bill Koski
Brendan Sheehan
Brett Amidon
Dana Hatcher
Danny J. Engler Jr.
David Scott Kandell
Elizabeth "Zibby" Christiansen

$400,000+
Mercy Care
Jessica and Nick Arambula, Neighbor*
Ben Runkle and Dana Kosmala-Runkle

$399,999 - $200,000
Thunderbirds Charities
Hugh and Barbara Lytle Foundation
Blue Cross Blue Shield of Arizona
Arizona Coronavirus Relief Fund

$99,999 - $50,000
Eva and Jose Carrazco
City of Mesa
Erik Olsson & Olsson Family Fund
Equality Health
Alfredo J. Molina, Black Starr and Frost*

$49,999 - $25,000
Denise and David Higgins and The IBIS Foundation
SRP Corp & Boosters
Eva and Jose Carrazco
City of Mesa
Erik Olsson & Olsson Family Fund
Equality Health
Alfredo J. Molina, Black Starr and Frost*

$24,999 - $10,000
Jeanne and Mark Besh
Tobi and Frank Placenti
Valley Toyota
Jeff Spight, Mind 24-7
Jeffrey Roths
City of Scottsdale
Ben Lytle
Mandy Purcell
Michelle and Jeff Moorhead*
American Endowment Foundation
Matt Hamblin
Scottsdale Active 20/30 Foundation
City of Tempe

$9,999 - $5,000
Sheri and Scott Clark
Jessica and Nick Arambula, Neighbor*
Ben Runkle and Dana Kosmala-Runkle
RANd Consolidated
Fenway Jones, Jasper’s Game Day
Don Tapia*
Meghan and Ben Vicchio*
Susanna and Jonathan Keyser
Desert Financial Credit Union
James A. Rae Charitable Trust
Michael Buonauro Foundation
Sonora Quest Laboratories
The Moreno Family Foundation

$4,999 - $2,500
Julie and Troy Bales
Brooke and Dylan Figlo
Endeavour Capital
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Danny Engler Sr
Dylan Roeder
Terri and Kevin Healy
Jan and Chris Cacheris
April Rhodes
Jess & Barbara Nick Foundation
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Dr. Aaron Verbarg and Melanie Verbarg
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Monique Taillieu
Squire Patton Boggs
The Steve and Sara Schramm Family Trust
Patricia Chiodo
Robin Lamb
Douglas Diehl
Russ Lyon Charitable Foundation
Susan and Ivan Mathew
Matt Moorhead
Marcia and Richard Zielinski
Amy and Brian Cabianca
Centene Management Company LLC
Consumer Cellular
David Tinkelman
Grant Ulrick
Intel
Jacque J. Sokolov

Get involved at teenlifeline.org/give

You can also donate through your workplace using our code: United Way Charity of Choice Agency #707273.
$2,499 - $1,000
David Towns
Donna and Jim Jones
Martha Thomas (Wing)
Cathy Fougnies
Charles Sparks
Maricopa County Community College District
Westler Family Foundation
Sam Sciotto and Lauren Hart
Tammy Rivers
Sherry McCready
Arizona State Employees Charitable Campaign
Gregory Pond
Sabrina and William Havard
Kim and Gil Rodriguez*
Lisa Shapiro
Bill Woodward
Dawn Driedger
James Maguire III
Pamela Fetz
Heidi and AJ Gates
American Express Foundation
Ann Marie and Denis Henry
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The Gibney Family Foundation
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Kari and Randy Stolworthy
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Tanya Piazza
Daniel Hines
Barbara and Jeffrey Gross
Zev Hendeles
Dottie Kobik*
Jennifer and David Goldberg
Debbie Carmichael
Stacy Cassens
Lisa and Eric Anderson
Robert Hicks
Renee and Drew Davis*
Annette and Derrick Hill
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Sharla and James Fisher
Kelly Mahoney
Lori Turner*
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Sarah and James Lloyd*
Gail Fawcett
Merle Hilliard Charitable Trust
Matt Baehr
Creative Living Fellowship
Anita Lang
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Belle Merwitzer
BKD's Backyard Joint
Brad Goff
Brian Friedman
Catherine Sharp
Nicole and Chad Arend
Chaps Charities
Charles Keller
Christine Zeihen
Laurie and Craig Fielder
Crystal and Scott Carroll
Jami Snyder
JoAnn and David Ott
John Stoss
Jonathan Hoffer
Josh Shaver
Kateryna Sylaska
Kelly Brock
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Kristine and Shane Thompson
Kyle Lametti
Lorry and Collin Bottril
Marilyn Kieffer-Andrews
Naomi Gauthier
Darlene and Rick Driver
Catherine and Robert DeBusk
Phyllis and Scott Miller
Simone and Anthony Truesdale
Tanya Smith
Todd, Annette, Ella, Gage Galloway Charities Fund
Tomas Leon
Watermark Retirement Communities
Jennifer and Kevin Blazer
$999 - $500
April and Jay Murphy
Lauren and Kevin Schilling
Mark Shelby
Alli Zall
Daniel Wheeler
Michele Fanelli
Aaron Dow
Adam Hrteanek
Alexander Hardman
Alice and Dave Cunningham
Amanda and Chris Cacheris
Amber and Adam Wong
Anita and Joe Rawlings
Armando Nava
Sarah and Arthur Paikowsky
Carolyn Cavanaugh Toft
Carrie and Chris Schroeder
Catherine and Brad Mayhew
Charles Smith
Christian Roe
Cindi and Richard Schuster
Danielle Westerl
Megan and David McMinn
Debbie and Michael Eberhard
Dena Cornelius
Diane and Kevin Mori
Dorothy and Steven Pace
Ed Sexton
Elizabeth Reynolds
Eric Crane
Eva-Maria Mora
Executive Council Charities
Jacob Dunklee
Jodi and Rick Sherman
John Stephen
Joshua Kehm
Karen and George Odden
Karen Carlson
Karen Doerflin
Kerry and Matt McWenie
Kerry Schlecht
Kristen Schell
Laura Amanda Bagdadi
Laurelie and Chris White
Lisa DeBlase
Lisa Elbogen
Lisa Jones
Lori and Doug Williamson
Louann Mace
Mary and Gene Trog
Matt Heinz
Melanie and David Perry
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Lisa Jones
Lori and Doug Williamson
Louann Mace
Mary and Gene Trog
*Includes In-Kind Support
Teen Lifeline is so grateful to the hundreds of individuals who contributed in 2021. Every effort has been made to ensure this listing is accurate. Our sincerest apologies for any inadvertent misspellings, omissions, or inaccuracies. Please contact Luis Barcelo, Development Associate, at (602) 248-8337 or at luis@teenlifeline.org with any corrections.
We envision a world where all youth possess a sense of connectedness and hope for their future.
Teen Lifeline is Arizona’s only teen-to-teen crisis hotline/textline and a leading provider of suicide prevention education by master’s level clinicians to schools, students, & families.

Support our work for Arizona teens at teenlifeline.org/taxcredit